

# Dutchess County HELPLINE – Call or text (845) 485-9700

**-or- Call toll free (877) 485-9700**

<b>Crisis Services</b>		
Dutchess County HELPLINE Mobile Crisis Intervention Team & Trauma Team accessible via HELPLINE	Call, Text or Download App.	845-485-9700 Toll Free: 877-485-9700
Stabilization Center	230 North Road, Poughkeepsie, NY 12601	845-486-2859
Rose House – People, Inc.	803 Violet Ave., Apt. 16, Hyde Park, NY 12538 Short term respite housing for adults	845-452-2728 Ex. 450
National Suicide Prevention Lifeline		800-273-8255
Riverhaven Youth Shelter – Hudson River Housing	99 Thompson Street, Poughkeepsie, NY 12601 Emergency housing for homeless youth- 24/7	845-454-3600
Dutchess County Dept. of Community & Family Services	60 Market St., Poughkeepsie, NY 12601 Adult Protective Services #6 Children’s Protective Services #5 Food Stamps #3 Emergency housing #0	845-486-3000
Dutchess County Office of Veterans Services	85 Civic Center Plaza, #105, Poughkeepsie, NY 12601 Support for Veterans	845-486-2060
MHA Vet2Vet Program	515 Haight Ave., Poughkeepsie, NY 12601 Support for veterans from veterans	845-473-2500 X. 1364
MHA Vet2Vet Warm line	24/7	845-453-4263
Mel’s Place/ The Living Room /DC PODS	150 N. Hamilton St., Poughkeepsie, NY 12601 Homeless day shelter	845-473-5166
Rape Crisis and Crime Victims Hotline	24/7	845-452-7272
Domestic Violence Hotline	24/7	845-485-5550
Health Alliance of the Hudson Valley Psychiatric ER	396 Broadway, Kingston, NY	845-331-3131
Human Trafficking Hotline	24/7	1-888-373-7888 Text HELP or INFO to 233-733
Grace Smith House	Domestic violence shelter	845-471-3033
Grace Smith House Domestic Violence	Non residential	845-452-7155
Dutchess County Office for the Aging	114 Delafield St, Poughkeepsie, NY 12601	845-486-2555
Trevor Project Crisis Hotline	Suicide Hotline for LGBTQ+	866-488-7386
Self-Harm Hotline		800-DONT CUT 800-366-8288
Planned Parenthood Hotline	Pregnancy and Sexual Health information	800-230-7526
National Eating Disorders Hotline		800-931-2237
LGBTQ+ Hotline	General support	888-843-4564
Translifeline		877-565-8860
<b>Mental Health – Inpatient</b>		
Mid-Hudson Regional Hospital (adult only)	241 North Road, Poughkeepsie, NY 12601	845-483-5000

Four Winds Hospital (children and adult)	800 Cross River Road, Katonah, NY 10536	914-763-8151
Putnam Hospital Center (adult only)	670 Stoneleigh Avenue, Carmel, NY 10512	845-279-5711
NY Presbyterian Hospital (adult only)	21 Bloomingdale Rd, White Plains, NY 10605	914-682-9100
Westchester Medical Center (adult and children)	100 Woods Rd., Valhalla, NY 10595	914-493-7000
St. Vincent's Hospital	275 North Street, Harrison, NY 10528	914-967-6500

### **Mental Health - Outpatient**

DBCH Partial Hospital Program	230 North Road, Poughkeepsie, NY 12601	845-485-9700
Astor Services for Children	205 South Ave. Suite 104, Poughkeepsie, NY 12601	845-471-6004
Access Supports for Living (PROS)	Poughkeepsie, 26 Oakley St. 12601 Hyde Park, 4250 Albany Post Road. 12538 Millbrook, 131 County House Rd. 12545	845-240-7707 845-516-1053 845-605-3542
Mental Health America (PROS)	Beacon, 451 Fishkill Ave. 12508	845-473-2500 x:1213
Dutchess Clinical Team	26 Oakley Street, Poughkeepsie NY	845-486-6330
Family Services Behavioral Health Centers	Poughkeepsie, 230 North Rd. 12601 Millbrook, 131 County House Rd. 12545 Rhinebeck, 91-93 Montgomery St. Suite 7. 12572 Dover Plains, 7 Market St. 12522 Beacon, 233 Main St. 12508 Dover Plains and Beacon- Public Mental Health services for adults New Paltz, 137 North Chestnut St. 12561 Kingston, 239 Golden Hill. 12401 Ellenville, 50 Center St. 12428	For Dutchess county <b>new</b> clients: 845-485-9700 All others call 845-486-2703

### **Substance Use - Inpatient**

Mid-Hudson Addiction Recovery Center – Chemical Dependency Crisis Center	51 Cannon Street, Poughkeepsie, NY 12601	845-471-0310
Arms Acres	75 Seminary Hill Rd, Carmel Hamlet, NY 10512	800-989-2676
Conifer Park	1801 6th Ave, Troy, NY 12180	800-989-6446
St. Christopher's Inn/Graymoor – (All Male)	21 Franciscan Way, Garrison, NY 10524	800-424-0027
St. Joseph's Addiction Treatment & Recovery Centers	159 Glenwood Drive, Saranac Lake, NY 12983	518-891-4135
Corner Stone	91 Serenity Hill Rd, Rhinebeck, NY 12572	845-266-3481
Turning Point	241 North Road, Poughkeepsie, NY 12601	845-483-5100
Richard C. Ward Addiction Treatment	117 Seward Ave, Middletown, NY 10940	845-341-2500
Phelps Memorial Rehabilitation	701 N Broadway, Sleepy Hollow, NY 10591	914-366-3590
Blaisdale (All Male)	140 Old Orangeburg Rd, Orangeburg, NY 10962	845-359-8500

### **Substance Use - Outpatient**

Arms Acres	75 Seminary Hill Rd, Carmel Hamlet, NY 10512	800-989-2676
The Bridge Back	10 Barbarossa Lane, Kingston, NY 12401	845-943-6091
Lexington Center for Recovery, Inc.	41 Page Park Drive, Poughkeepsie, NY 12603 412 Main Street, Poughkeepsie, NY 12601 135 County House Road, Millbrook, NY 12545 7 Dover Village Plaza, Dover Plains, NY 12522 942 Route 376, Wappingers Falls, NY 12590	845-486-2950 845-486-8880 845-444-2333 845-486-2950 845-765-2366

Turning Point	241 North Road, Poughkeepsie, NY 12601 Medication Assisted Treatment options	845-483-5100
Step ONE	106 Vineyard Ave, Highland, NY 12528 Medication assisted treatment option	845-691-9191
Conifer Park	1801 6th Ave, Troy, NY 12180	800-989-6446

## Support Groups

Alcoholics Anonymous (A.A.)	Various meeting locations	845-452-1111
Narcotics Anonymous (N.A.)	Various meeting locations	845-431-9011
People USA	126 Innis Ave, Poughkeepsie, NY 12601	845-452-2728
Friends of Recovery	167 Main Street, Delhi, NY 13753	518-487-4395
The National Alliance on Mental Illness Mid-Hudson Chapter (NAMI Mid-Hudson)	website: <a href="http://www.namimidhudson.org">www.namimidhudson.org</a> email: <a href="mailto:contact@namimidhudson.org">contact@namimidhudson.org</a>	845-206-9892
Al-Anon/Alateen	Various meeting locations	845-452-1111

## Support for Families and Caregivers

Mental Health America Dutchess County	253 Mansion St, Poughkeepsie, NY 12601	845-473-2500
The National Alliance on Mental Illness Mid-Hudson Chapter (NAMI Mid-Hudson)	website: <a href="http://www.namimidhudson.org">www.namimidhudson.org</a> email: <a href="mailto:contact@namimidhudson.org">contact@namimidhudson.org</a>	845-206-9892

## Narcan and Harm Reduction

Hudson Valley Community Services	40 Garden Street, Suite 401, Poughkeepsie, NY 12601 syringe exchange, Naloxone, harm reduction information <a href="https://www.hudsonvalleyecs.org/">https://www.hudsonvalleyecs.org/</a>	845-471-0707
Free Narcan Training	230 North Rd., Poughkeepsie, NY 12601 <a href="https://www.dutchessny.gov/Departments/DBCH/Prevention-Training.htm#Narcan">https://www.dutchessny.gov/Departments/DBCH/Prevention-Training.htm#Narcan</a>	845-243-4428

## Medication Assisted Treatment for Opioid Use Disorder

Lexington Center for Recovery	41 Page Park Drive, Suite 200 Poughkeepsie, NY 12603	845-486-2850
Sun River Health; formerly Hudson River HealthCare	75 Washington Street, Poughkeepsie, NY 12601 29 North Hamilton Street, Poughkeepsie, NY 12601 6 Henry St, Beacon, NY 12508 3360 Route 343, Amenia, NY 12501 3174 Route 22, Dover Plains, NY 12522	845-790-7990 845-454-8204 845-831-0400 845-838-7038 845-877-4793
Vassar Hospital Emergency Department (Buprenorphine/ Suboxone induction)	45 Reade Place Poughkeepsie, NY 12601	845-454-8500
Mid-Hudson Regional Hospital Emergency Department (Buprenorphine/Suboxone induction)	241 North Road Poughkeepsie, NY 12601	(845) 483-5000
Institute for Family Health	11 Crum Elbow Road, Hyde Park, NY 12538	(845) 229-1020

## Community Medical Care

Sun River Health; formerly Hudson River Healthcare	75 Washington Street, Poughkeepsie, NY 12601 29 North Hamilton Street, Poughkeepsie, NY 12601 6 Henry St, Beacon, NY 12508 3360 Route 343, Amenia, NY 12501 3174 Route 22, Dover Plains, NY 12522	845-790-7990 845-454-8204 845-831-0400 845-838-7038 845-877-4793
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Institute for Family Health

11 Crum Elbow Road, Hyde Park, NY 12538

845-229-1020