

Schenectady County Substance Abuse Treatment Resources

September 2016

Schenectady County Substance Abuse Prevention Coalition

Addiction can happen to anyone, any family, at any time.
Hope and recovery can and do happen...

RECOGNIZING THE SIGNS

Substance use disorder is a progressive disease. It may start with alcohol, tobacco, marijuana or prescription medicine.

<p>Physical Signs</p> <ul style="list-style-type: none"> • Changes in self care • Drowsy or hyper active • Loss or increase in appetite/weight • Not sleeping/sleeping too much • Frequent flu-like symptoms 	<p>Behavioral Signs</p> <ul style="list-style-type: none"> • Change in attitude and/or personality • Tendency to avoid contact with family, friends, activities • Drops in grades or performance at work • Isolation and secretive behavior • Moodiness, irritability, nervousness, giddiness • Tendency to steal/lie
<p>Advanced Warning Signs</p> <ul style="list-style-type: none"> • Missing medications • Burnt or missing spoons or bottle caps, syringes • Small bags with powder residue/or other substances • Missing shoe laces and/or belts • Physical and behavioral symptoms listed worsen 	<p>To learn more about addiction and recovery:</p> <p> https://www.drugabuse.gov/ http://www.alcoholscreening.org/ http://www.drugscreening.org/ http://www.talk2prevent.ny.gov/ Friends of Recovery NY http://www.for-ny.org/ </p>

If you or someone you care about needs help:

NYS Office of Alcoholism and Substance Abuse (OASAS)
 Call **1-877-846-7369**
 Text **HOPENY**
 (Short Code: 467369)
<https://www.oasas.ny.gov/>

<https://www.combatheroin.ny.gov/>

Substance Use Outreach and Referral Services (SURS)

For help with insurance and any barriers to accessing treatment

CALL 518-346-9272 Ext. 3217

OUTPATIENT SUBSTANCE ABUSE TREATMENT

CONIFER PARK 600 Franklin Street, Schenectady, 12305 79 Glenridge Road, Glenville, 12302 372-7031	SPARC (St. Peters Addiction Recovery Center) 2925 Hamburg St., Schenectady, NY 357-2909
NEW CHOICES RECOVERY CENTER 302 State Street, Schenectady, 12305 846 State St, Schenectady, 12307 346-4436 or 382-7838	Opiate Overdose Prevention http://www.projectsafepoint.org/our-services/overdose-prevention-response-training 449-3581

DETOXIFICATION and INPATIENT SERVICES

Physical addiction to opiates, including heroin and to alcohol and some other legal and illegal drugs may require a detoxification program to ensure safe withdrawal.

CONIFER PARK
79 Glenridge Road, Glenville, 12302
800-989-6446

At each location listed below report to the ER for detoxification assessment, please note you must be in medical need to be admitted to detoxification programs for inpatient services call the number listed.

ST. MARY'S AMSTERDAM (alcohol detox only)
427 Guy Park Ave, Amsterdam, 12010
Addiction Crisis Services # 842-9111

ST. PETERS HOSPITAL 315 Manning Blvd, Albany, 12208
Addiction Services # 525-1303

INPATIENT SERVICES ONLY
St. Mary's Troy
1300 Massachusetts Ave, Troy, 12180
Addiction Services # 268-5542

Addiction Treatment Centers (operated by NYS OASAS)
McPike (315) 738- 4465 Utica St Laurence (315) 393-1180 Ogdensburg
18 years old and above; individuals not turned away due to inability to pay

RECOVERY SUPPORT

Alcoholics Anonymous <http://www.aa.org/>
Capital District Central Office 24 HR Phone: (518)463-0906

Narcotic Anonymous <https://www.na.org/> ABCD Region 888.399-5519

AL-Anon Family Support <http://al-anon.org/> [1-888-425-2666](tel:1-888-425-2666)

Heroin Anonymous <http://www.heroinanonymous.org/> 227-0294

Thursday 7:30 "Learning to Fly"
1221 Wendell Ave Schenectady, NY 12308

Smart Recovery <http://www.smartrecovery.org/>

*"For the prevention of substance abuse and the
promotion of mental, emotional and behavioral
health."*