



# MATTERS

Medication for Addiction Treatment & Electronic Referrals

## NEW YORK

### *Southern Tier: Food Security*

#### *Food Bank of the Southern Tier*

[www.foodbankst.org](http://www.foodbankst.org)

(607) 796-6061

*Service area includes Broome, Chemung, Schuyler, Steuben, Tioga, and Tompkins counties.*

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#### *Loaves and Fishes*

[www.loaves.org](http://www.loaves.org)

210 N Cayuga St, Ithaca, NY 14850

(607) 272-5457

[www.loaves.org](http://www.loaves.org)

*FREE daily meals. All are welcome. No income guidelines.*

*Lunch: Monday, Wednesday and Friday: 12:00pm. – 1:00pm.*

*Dinner: Tuesdays and Thursdays: 5:30pm – 6:30pm.*

*Holidays: Meals are served on all holidays that fall on a weekday. The only exception is Thanksgiving Day - The Salvation Army, located at 150 N. Albany St. in Ithaca, usually provides the community with a free meal on Thanksgiving Day.*

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