



MATTERS[®]

Medication for Addiction Treatment & Electronic Referrals

Mid-Hudson: Dutchess County

If you are searching for a specific resource, click Ctrl+F and type to search.

Community Services:

Dutchess County Dept. of Behavioral & Community Health

845-745-6426

Recovery coaches available for support & connection

Council on Addiction Prevention and Education of Dutchess County (CAPE)

845-745-6426

Peer services, prevention education & counseling

Peer Services

845-473-2500

Trained mental health, substance abuse, and family peers. Utilizes lived experience and trauma-informed, non clinical assistance/advocacy/outreach/crisis support

Exodus

97-99 Cannon Street, Poughkeepsie, NY

845-452-7620

Transitional services for adults and youth affected by the justice system.

Stabilization Center

230 North Road, PK (open 24/7, 365)

Call/Text Helpline: 845-485-9700

Toll Free: 877-485-9700 / 845-486-2849

Provides walk in support for any individual, regardless of health insurance status or ability to pay, that is dealing with a mental health crisis or substance abuse issue.

Living Room at Mel's Place

253 Mansion St Poughkeepsie, NY 12601

(7a-7p day shelter open 365)

845-473-2500

Safe haven, hot food, showers, referrals for housing & employment, mailing address to help apply for services, emergency support & referrals. Also provide transportation to and from overnight shelter.

Harm Reduction Services:

HVCS Syringe Exchange

Municipal Parking lot at Mill Street between N. Hamilton & Catherine St.

Mondays & Thursdays: 10:30a-12:30p, 1:30p-3:30p

Sober Living

Bolger House

230 Church Street, Poughkeepsie, NY 12601

845-452-8816

All male residence for up to 9 months offering Buprenorphine treatment.

Florence Manor

24 West Cottage Road, Poughkeepsie, NY 12601

845-896-545024

All female residence with 24 beds for up to 9 months. Offers methadone/buprenorphine for pain management/emergency dosing.
